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INTERESTING SIDE EFFECTS OF HEMI-SYNC® METAMUSIC®

by Suzanne Morris -

Dr. Suzanne Morris, one of our Professional Members, was working with a family who has a child with a developmental disability. The Metamusic Blue and Metamusic-Green tapes were given to the family for home use as part of the therapy.

The parents were so impressed with the results of the Metamusic tapes with their child that they decided to try these tapes with their eight-year-old son who was normal except for a chronic bed-wetting problem. The mother kept careful records of which tapes were used each night and to the family's amazement, the child never wet his bed after listening to the *Metamusic Blue* tape, whereas the *Metamusic Green* tape was not effective for his problem in this case.

Due to the results found in this particular case using the two Metamusic tapes, several questions arise:

Would other Hemi-Sync tapes of similar frequency create the same effect?

What makes people resonate to one type of music better than another?

Is the slightly higher beta content of the *Metamusic Blue* significant to the results found in this bed-wetting case?

Please let us know if you have noted anomalies like this in your work using Hemi-Sync and if you have noted a difference in the effectiveness of *Metamusic Blue* and *Metamusic Green* with your patients, clients or students. We are very interested in your feedback.

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